



Perinatal Mental Health Simulation Training

For: Midwives, Health Visitors, Mental Health Nurses, Junior Doctors (GPVTS, Foundation, Psychiatric and Obstetric Trainees), GPs, and Obstetricians.

- Immersive simulation training on the identification and management of common perinatal mental health problems using actors and 'real-life' settings
- Limited places for each specialism to allow a 'hands-on' team working experience
- One day training workshops co-facilitated by a consultant perinatal psychiatrist from the Sussex and East Surrey Specialist Perinatal Mental Health Service and a perinatal mental health service user trained in simulation facilitation

Learning Outcomes

- Understanding how to assess risk in a variety of settings
- Increasing confidence in the management of risk
- Understanding how to assess and manage perinatal mental illness
- Improving team-working between mental and physical health teams
- Understanding how to manage situations involving risk to vulnerable third parties (e.g. young children)



Venue & Dates:

8:30 am Registration & Refreshments. Finish 5 pm.

**KSS Children's Simulation Centre,
Royal Alexandra Children's Hospital, Brighton BN2 5BE**

**3rd May 2019
23rd September 2019**

**6th June 2019
10th October 2019**

12th July 2019

Please choose
2/3 preferred
dates before
booking

Additional dates and four regional outreach course dates to be announced

Further information and registration form:

<http://brightonsimulation.org.uk/courses/perinatal-mental-health/>

To book a place or for further details please contact Julia.Trewick@bsuh.nhs.uk